

# ESPE 2018

## Preliminary Programme

**57th Annual ESPE Meeting**  
27-29 September, Athens, Greece

*Narrative and Precision Medicine  
in Paediatric Endocrinology*



**57<sup>th</sup> ESPE 2018**  
**Meeting ATHENS GREECE**  
27-29 September 2018

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**George P. Chrousos** - President  
(Greece)

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**Bessie Spiliotis** - Vice-President 2018  
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# Welcome to Athens



Dear colleagues and friends,

It is our pleasure to invite you to the 57th ESPE Annual Meeting to be held in Athens, 27-29 September 2018. The theme of the meeting will be “Narrative and Precision Medicine in Paediatric Endocrinology”.

Plenary sessions, symposia, and meet-the-expert sessions will enable exchange of high quality clinical information and basic science with international experts. Perhaps more importantly, free communications and poster sessions will allow delegates from around the world to present and discuss their latest findings in an interactive environment and promote international collaboration in research and clinical practice. Please plan ahead and think of presenting your work in Athens in 2018!

The meeting will be held in the Athens Megaron Conference Centre which is conveniently situated in central Athens. A city with over 3000 years of history, philosophy, culture and art with vivid reminders of its ancient civilization such as the magnificent Acropolis visible from across the city, make Athens a truly unique and fitting destination to hold ESPE 2018.

We hope that you will come to Athens and find the time to visit our ancient landmarks with their magnificent ambience of a different dimension, relax on our glorious sunlit sandy beaches and enjoy the distinct aura that makes Athens such an alluring city.

We look forward to welcoming you to Athens in 2018.

**George Chrousos and Bessie Spiliotis**  
on behalf of the Local Organizing Committee of ESPE 2018

**#ESPE2018**

**Join the conversation!**

Tweeting about ESPE  
2018, remember to use  
#ESPE2018

**THEME:** *Narrative and Precision Medicine in Paediatric Endocrinology*

**THURSDAY 27 SEPTEMBER**

07:00	07:30 REGISTRATION OPENS	
07:30	07:30 - 08:00 WORKING GROUP ATTENDEES BREAKFAST	
08:00	08:00 - 10:00 PARALLEL WORKING GROUPS	
08:30	10:00 - 10:30 COFFEE BREAK	
09:00	10:30 - 10:45 OPENING CEREMONY	
09:30	10:45 - 11:15 PLENARY LECTURE	
10:00	11:15 - 11:45 AWARDS 1	
10:30	12:00 - 13:30 SYMPOSIUM 1-3 & SPECIAL SYMPOSIUM	
11:00	12:00 - 13:30 CONTROVERSIES SESSION	
11:30	13:45 - 14:45 SATELLITE SYMPOSIA	
12:00	13:30 - 15:00 LUNCH POSTERS & EXHIBITION	
12:30	15:00 - 16:30 PARALLEL FREE COMMUNICATIONS	
13:00	15:00 - 16:00 HOW DO I...	
13:30	16:30 - 16:45 COFFEE BREAK	
14:00	16:45 - 17:15 PLENARY LECTURE 2	
14:30	17:15 - 18:15 PARALLEL MEET THE EXPERT SESSIONS	
15:00	17:15 - 18:15 YEARBOOK OF PAEDIATRIC ENDOCRINOLOGY	
15:30	18:30 - 20:00 SATELLITE SYMPOSIA	
16:00	20:00 WELCOME RECEPTION	

**FRIDAY 28 SEPTEMBER**

07:00	07:00 REGISTRATION OPENS			
07:30	08:00 - 08:30 PLENARY LECTURE 3			
08:00	08:30 - 09:30 PARALLEL MEET THE EXPERT SESSIONS		08:30 - 09:30 YEARBOOK OF PAEDIATRIC ENDOCRINOLOGY	
08:30	09:30 - 11:00 PARALLEL FREE COMMUNICATIONS		09:30 - 11:00 ERN	
09:00	11:00 - 11:30 COFFEE BREAK			
09:30	11:30 - 12:00 AWARDS 2			
10:00	12:00 - 12:30 PLENARY LECTURE			
10:30	12:30 - 13:00 AWARDS 3			
11:00	13:15 - 14:15 SATELLITE SYMPOSIA		13:00 - 14:30 LUNCH POSTERS & EXHIBITION	
11:30	14:30 - 16:00 SYMPOSIA 4, 5 & 6		14:30 - 16:00 CONTROVERSIES SESSION	
12:00	14:30 - 16:00 NOVEL ADVANCES 1		14:30 - 16:30 WORKING GROUP	
12:30	16:00 - 16:30 PLENARY LECTURE			
13:00	16:30 - 17:00 COFFEE BREAK			
13:30	17:00 - 18:30 SATELLITE SYMPOSIA			
14:00	18:30 - 19:45 ESPE ANNUAL BUSINESS MEETING			

# SATURDAY 29 SEPTEMBER



**57<sup>th</sup> ESPE 2018**  
**Meeting ATHENS GREECE**  
 27-29 September 2018

07:00 REGISTRATION OPENS				07:00
				07:30
08:00 - 09:00 PARALLEL MEET THE EXPERT SESSIONS		08:00 - 09:00 YEARBOOK OF PAEDIATRIC ENDOCRINOLOGY		08:00
				08:30
09:00 - 10:30 PARALLEL FREE COMMUNICATIONS		09:00 - 10:00 HOW DO I...		09:00
				09:30
10:30 - 11:00 COFFEE BREAK				10:00
				10:30
11:00 - 11:30 PLENARY LECTURE				11:00
				11:30
11:30 - 12:00 AWARDS 4				11:30
				12:00
12:00 - 12:30 PLENARY LECTURE				12:00
				12:30
12:30 - 14:00 LUNCH POSTERS & EXHIBITION		12:30 - 14:00 ESPE ACTIVITIES		12:30
				13:00
				13:30
12:45 - 13:45 SATELLITE SYMPOSIA				13:00
				13:30
14:00 - 15:00 NOVEL ADVANCES 1		14:00 - 15:00 YEARBOOK OF PAEDIATRIC ENDOCRINOLOGY		14:00
14:00 - 15:00 PARALLEL MEET THE EXPERT SESSIONS		14:00 - 15:00 YOUNG INVESTIGATOR AWARD		14:00
				14:30
				15:00
15:30 - 17:00 SYMPOSIUMS 7, 8, 9 & 10				15:30
				16:00
				16:30
17:00 - 17:30 INTERNATIONAL & PRESIDENT POSTER AWARDS				17:00
				17:30
17:30 - 18:00 PLENARY LECTURE				17:30
				18:00
18:00 - 18:15 CLOSING CEREMONY				18:00
				18:30
				19:00
19:00 ESPE EVENING				19:00
				19:30
				20:00

## PLENARY LECTURES

Oncofertility: From Bench to Bedside to Babies

**Teresa Woodruff (USA)**

Oxytocin and the healing power of love

**Sue Carter (USA)**

Novel aspects in the pathophysiology of obesity

**Christos Mantzoros (USA)**

Prediction, Identification, and Treatment of Early Stage Type 1 Diabetes

**Anette-Gabriele Ziegler (Germany)**

Dynamic control of tissue glucocorticoids – lessons for optimising replacement therapy

**Brian R. Walker (United Kingdom)**

Personalized treatments using gut microbiome and clinical data

**Eran Segal (Israel)**

Adrenal gland microenvironment in health and disease

**Stefan Bornstein (Germany)**

Turner syndrome: new insights from prenatal genomics and transcriptomics

**Diana Bianchi (USA)**

# Programme Overview



*Narrative and Precision Medicine in Paediatric Endocrinology*

**Plenary lectures, symposia, free oral communications, debates, poster presentations, working groups, novel advances, meet the expert and how do i sessions will allow both clinicians and basic researchers to hear the most recent developments and future perspectives in the field. For continuous updates regarding the scientific sessions, please refer to: [www.espe2018.org](http://www.espe2018.org)**

## **ABSTRACTS**

Don't miss your chance to present your work and share professional experiences with an international delegation of peers and experts.

**Abstract submission deadline:  
Monday 16 April 2018**

Information on how to plan, prepare and submit your abstract can be found at [www.espe2018.org](http://www.espe2018.org).

**#ESPE2018**

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# Registration



**57<sup>th</sup> ESPE 2018**  
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Registration for the ESPE 2018 Meeting is available online at [www.espe2018.org](http://www.espe2018.org)

	<b>EARLY BIRD REGISTRATION</b> available until 22 June 2018 (23:59 (GMT))	<b>STANDARD REGISTRATION</b> 23 June – 10 August 2018 (23:59 GMT)	<b>LATE &amp; ONSITE REGISTRATION</b> from 11 August – 29 September 2018
ESPE member	€450	€600	€700
Fellows in training	€250	€300	€400
Non-member	€650	€800	€950

## The registration fee for delegates includes:

- Access to all ESPE 2018 Meeting sessions and commercial exhibition
- Delegate bag including all Meeting materials and a name badge
- ESPE 2018 Meeting Abstracts Book online
- Meet the Expert Handbook
- Entrance to the Opening Ceremony and Welcome Reception
- All refreshment breaks during the Meeting

Registration does not include accommodation or ticket to the ESPE Evening

## MOBILE APPLICATION

Our free app will compliment your Meeting with a range of features. Further information on how to download the app will be made available online.

## ACCOMMODATION

A range of accommodation will be available for your selection at reduced rates exclusively for ESPE 2018 delegates. All hotels are located within a reasonable distance from the venue, with good transport links across the city. A full list of accommodation will be available on the website.

Book online at [www.espe2018.org](http://www.espe2018.org) to ensure you receive our exclusive ESPE rates.

## AWARDS & GRANTS

ESPE awards a total of 40 travel grants (€500 each), 20 travel grants to the best abstracts from developed countries and 20 travel grants to the best abstracts from low income countries.

Application can be made via the abstract submission form together with an abstract submission available on the meeting website: [www.espe2018.org](http://www.espe2018.org)

**Deadline for receipt of abstracts:**  
**Monday 16 April 2018**

ESPE gratefully acknowledges the support of our Sponsors:

**PLATINUM SPONSORS:**



**GOLD SPONSORS:**



# Future Meetings

**ESPE 2019**

**58th ANNUAL MEETING**

19-21 September 17, 2019  
Vienna, Austria

**ESPE 2020**

**59th ANNUAL MEETING**

10-12 September 17, 2020  
Liverpool, UK



[www.espe2018.org](http://www.espe2018.org)

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For all matters relating to sponsorship and exhibition, please contact:  
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[www.espe2018.org](http://www.espe2018.org)



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